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## Training offered by ITSTIME – Catholic University **Special Learning Experience**

The **Special Learning experience** and **Security Training Programme** are planned and realized by ITSTIME – Italian Team for Security, Terroristic Issues & Managing Emergencies (<http://www.itstime.it>).

**ITSTIME** is a research centre of the Department of Sociology of the Catholic University of Sacred Heart - Milan coordinated by Professor Marco Lombardi. The approach is inherently multidisciplinary as it involves both scholars and experts in several fields able to deal with complex issues related to security, terrorism and crisis management through a multifaceted approach. In fact, we consider theory and practice strictly interwoven. In so doing, the analysis of the above mentioned phenomena will be coherent and we will suggest tangible and helpful strategies. ITSTIME's members are involved in several networks, *inter alia*: OSN- Observatory for National Security (Centro Militare Studi Strategici), EENeT – European Expert Network on Terrorism Issues, ICTAC – International Academic Counter-Terrorism Community.

Thanks to highly specialized expertise, we have developed the **Special Learning experience** and **Security Training Programme**.

### **Special Learning Experience:**

- Specifically tailored to top business managers
- It aims at the development of resilient capabilities, improving decisions making under stress, teamwork and assertiveness
- It is planned in natural and challenging environments
- It uses new approaches to test one's limits

### **Special Learning Experiences programme**

- **Soft Air**: fighting among teams using firearms shooting plastic in challenging natural environments to reconnect with physical skills, test capabilities concerning individual and collective decisions making under stress.
- **Struggling Golf**, a training experience in the best national and international fields, and **Struggling Golf Extreme**, a training experience in the Sahara Desert, on the dunes, where to stress the personal limits within high security standard.
- **Soft combat**: individual fighting through light weapons and proper protections, to improve either the assessment of risks and adversaries, and to strengthen courage and awareness of one's limits.
- **Survival competition**: not only is surviving in a non-ordinary and hostile environment possible but it might be also pleasant if one learns how to use his or her creativity and to develop innovative skills to use objects and focus on mental representations.
- **Scouting experience**: the team is here challenged to explore a new environment in order to develop strategies, personal relations and to achieve a common mission.

*The above mentioned programmes can be realized either in Italy or abroad. It usually takes at least two days in a row with specific sessions and debriefings to contextualize each activity within the peculiarities of the organization. The participants have all the skills and protections to deal with difficult situations.*

Furthermore, there are two other optional activities related to the **Special Learning Experience**.

- **Social Emotional Imaginary**: pictures, taken individually or during team activities, become an important self awareness tool, helpful to socialize and evaluate feelings and emotions.
- **Social Network Learning Community**: the powerful above mentioned experiences foster strong ties which can evolve and can be nourished through new technology communication tools.

*The optional activities are realized during an activity within the **Special Learning Experience** or afterwards.*

### **Security Training Programme**

- Specifically tailored to different management levels that cope with security and crisis issues
- It aims at developing knowledge and tools to achieve goals in uncertain and risky situations (namely, to manage crisis)
- It uses both traditional and more participant learning methodologies to actively involved the participants.

The activities of **Security Training Programme** can be tailored to specific needs referring to the following topics: Communication Emergency Management (CEM), Crisis Management, Critical Infrastructure, Relational Capability, Risk Analysis, Terrorism Studies, Urban Security, Video Surveillance.

*ISTIME training is certified by the Catholic University.*