



Università Cattolica
Dip. di Sociologia

ITSTIME
Università Cattolica - Dpt. Sociologia
Largo Gemelli, 1 - 20123 Milano
0272342258

itstime@itstime.it



www.itstime.it

The training offered by ITSTIME – Università Cattolica

Special Learning Experience

Struggling Golf

Struggling Golf is part of the *Special Learning Experience* program offered by ITSTIME. It offers the chance to combine theory and fieldwork in a highly formative professional experience. The interdisciplinary team of ITSTIME (www.itstime.it), assembling both scholars and professionals, assure an eclectic view of the phenomena able to give important insights on how to manage the uncertainty and the crisis in the global financial managerial world. The education and training activity will be officially certified by the Catholic University and it is part of the project “Executive” of ASERI (High School in Economy and International Relations) (<http://aseri.unicatt.it/>).

Aims of the activity

Struggling Golf offers the possibility to combine the golf with the education of the management. More specifically, it is aimed at strengthening:

- The ability to concentrate under stressful conditions;
- The focusing on halfway points in the path of approaching the core business;
- The features of the leadership and the mastership during the decision making and the scenario analysis;
- The dealing with the problems of the contexts, developing a personal and collective empowerment;
- The perception of the self from a psychological and physical approach, in order to favour the discover of unexpected resources in critical situations;
- The awareness of the ethical dimension as a resource for the success.

Struggling Golf is coherent with all the *Special Learning Experience* activities, working in challenging natural environments. The nature is a stimulus itself for the achievement of the aim, but it is also a powerful source of stress. The activity may be of two different types:

- **Struggling Golf**: it is a training experience in the best national and international fields;
- **Struggling Golf Extreme**: it is a training experience in the Sahara Desert (on the dunes), where to stress the personal limits (within high security standard).

Target

The activity is addressed to the high level management and high potentials of International companies, who want to test their abilities in this field. We do not need skilled golfer for participating the program. From the point of view of the companies, the **Struggling Golf** represents a good field in which too test and assess potential high managers.

The experience

The methodology combines the scientific experience of the ITSTIME group with the golf skills of our professional partners. Each phase of the experience, from the planning of the game to the tutorship on the field, until the final de-briefing in the classroom, will see different professionals involved. The **Struggling Golf** experience will be articulated in at least two days of activities, in which the field practice will be combined with intensive de-briefing in the classroom. For what concerns the **Struggling Golf Extreme**, it is necessary to plan at least 4 days of activities, depending on the location (the Sahara Desert of Tunisia or Algeria). The valorization of the convivial occasions is an added value of the **Struggling Golf** experience, coherent with the aim of push the participants to a continuous search for the right relational dynamics, both formal and informal, in order to get the best performance in a critical environment.

Objectives and themes

After the experience on the field, there will be a de-briefing in the classroom in the Club House, where the observations of the tutors will be discussed together with the participants, getting the right teachings for the everyday working life. The focus of the discussion will be about:

- The teaching from the golf experience to the business strategies: golfer and manager
- Strategies of improving of the individual and team performances
- Managing of the failure and development of the residual resource
- The experience of dependence and autonomy in decision making
- The transgression of the limits in order to optimize the performance
- The valorisation of the uncertainty in order to get a chance of developmente
- The creative instinct and the rationality in the selection process
- Irony and self-irony in the construction of a psychological positive and motivating approach

The activities on the field will be:

- Individual single round
- Team round with heterogeneous members in relation to the golf skills
- Night golf without artificial lights
- Orienteering Golf: individual single round with the support of the GPS (**Struggling Golf Extreme** only)
- Dunes Golf and Sandie Par: individual or team round in the Sahara Desert among natural bunkers (**Struggling Golf Extreme** only)